

## **Youth Canoe Trip General Info**

**Date:** July 16-18

We plan to **depart from the Max on Sunday, July 16<sup>th</sup> at 1:00 pm** (pack a lunch or eat before we leave) for Lebanon, Missouri and staying at **Big Bear River Resort**. On Monday morning we will head to **Riverfront Campgrounds** to rent canoes and float the Niangua River. We will be doing a series of Bible studies during our time away led by various adult leaders. We will head home on Tuesday morning and plan to be back in Maryville by 3:30 pm.

The **registration cost is \$45** which goes towards the canoe rentals and lodging fees. There will be additional costs for meals. You can pay on the website or drop off your payment to the church office. Payment can also be placed in an envelope marked "Canoe Trip" and put it in an offering drop box in the church. **Turn in your money and sign up by Sunday, July 9<sup>th</sup>**. There are two forms (sponsor and youth), so please be sure to select the correct one.

### **Packing List:**

- River clothes and footwear (see below)
- Shower supplies (washcloth, towel, soap, shampoo, etc.)
- Bedding (sleeping bag, air mattress or cot, sleepwear)
- Necessary toiletries
- Change of clothes for Tuesday trip back
- Money for a meal on the way home (\$10-\$15)
- Bible

### **Additional Information:**

- Pack a lunch or eat before we leave on Sunday. *Bring money for meal on way home and possibly Sunday night (\$20-\$25). All other meals will be provided.*
- Life jackets are required while in the canoes, kayaks, and rafts. *All youth and adults will be required to wear life jackets while canoeing. Yes, you can bring your own.*
- Wear comfortable clothes while canoeing. *Guys should wear swim trunks and will be required to wear a shirt. We ask ladies not to wear swimsuits unless they are used as undergarments for their shorts and colored t-shirt.*

- Appropriate river footwear is a must. *Crocs, water shoes, or old shoes will work well, but avoid flip flops or slides as these are prone to float away.*
- Bring and wear sunscreen. *We will have some sunscreen and insect repellent available, but you may want to bring some as well.*
- You will be assigned a cabin. *Guys are not permitted in ladies' cabins. Ladies are not permitted in guys' cabins.*
- Phones are permitted but we require students to use them only as a medical device, a camera, or for calling mom or dad. Phones are not to be used on the canoe trip as a video game or entertainment device. *No listening to music or watching videos. Even on the ride down. Not even "Christian" music. Students can text or call mom or dad but are not to be on social media. Parents, please help us by going over this with your child. We do not want to monitor phones as to what is permissible or not. Phones can and will distract from the purpose of the trip. Adult sponsors will have their phones if you need to contact them. Youth cannot bring their phones on the river.*

#### **Quick Itinerary:**

- Leave on Sunday at 1:00. *Pack a lunch or eat before we leave.*
- We plan to make minimal stops while traveling. *Our goal is to arrive at our Big Bear River Resort before 6:00.*
- We will float the Niangua River on Monday.
- We will stop for food in Clinton for fast-food options on Tuesday's trip back.
- We will be back in Maryville on Tuesday around 3:30pm.
- A detailed itinerary is also available.